

## The Journaling Coaching Tool

- What is something you wish people knew about you?

- What is your key philosophy of life?

- What is a superpower you wish you had?

- What scares you and why?

- Where do you see yourself a year from now?

- If you could invent something totally new, what would it be and why?

- What is a habit you'd like to change?

- Who is someone you look up to and why?

- What are 3 things you can't live without?